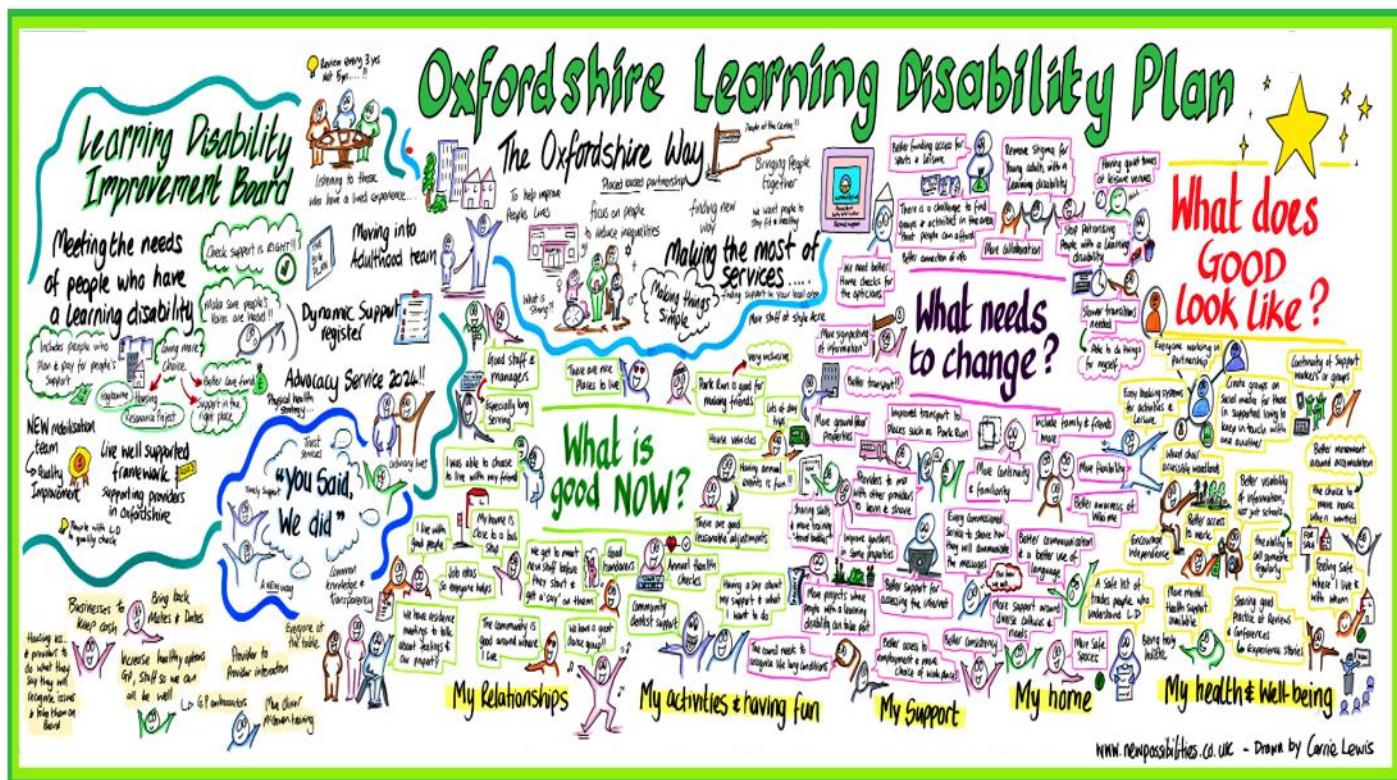


Oxfordshire Learning Disability Plan 2025 – 2035





Contents



1. Introduction and The Learning Disability Improvement Board
(Page 4)



2. About the plan
(Page 5)



3. Vision: Our Values and Principles
(Page 6)



4. Engagement and Consultation
(Page 6)



5. Frameworks, NHS 10-year Plan, and Legislation
(Page 7 and 8)



6. The Oxfordshire Way
(Page 9)



7. Learning Disabilities, Person-centred and Strengths-based Approaches, Communication, and Intensive Interaction
(Page 10 -13)



8. Theme One – Having a Good Life
(Page 14 to 26)



9. Theme Two – Health and Wellbeing
(Page 27 to 38)



10. Theme Three – Having a Place to Live
(Page 39 to 49)



11. Theme Four – Homes not Hospitals
(Page 50 to 56)



12. Information pages
(Page 57 to 60)



13. Resources (Additional)
(Page 61)



14. Pledges
(Page 62)

Introduction



We are pleased to present this plan for adults with a learning disability in Oxfordshire.



Our vision is to work together in partnership with people to create a community where every individual, regardless of their abilities can lead a life filled with opportunities, inclusion and support.



The Oxfordshire Learning Disability Plan is co-designed with people with a learning disability, their families, carers, professionals and local organisations.



By working together, we can build a community where everyone has the opportunity to thrive.

Learning Disability Improvement Board



We want people with a learning disability living in Oxfordshire to have choices and the same opportunities as other people.



The Learning Disability Improvement Board is a group of people who check that support in Oxfordshire meets the needs of people with a learning disability. The Board meets every two months.



The group includes people who plan and pay for care and support, people from different organisations, and people with a learning disability, their families and carers.



Their role in the Learning Disability Plan will be to make sure that people's voices are heard and check on the progress for completing actions.

About the Learning Plan



The Oxfordshire Learning Disability Plan sets out some of the most important areas where people with a learning disability, their family, carers, and professionals felt actions needed to be taken.



The plan has been set out as four key themes:



Theme One: Having a Good Life



Theme Two: Health and Wellbeing



Theme Three: Having a Place to Live



Theme Four: Homes not Hospitals

There are four areas which are included in all the themes:



- transitions and life changes
- the workforce and people who are paid to provide support
- assistive technology
- equality, diversity and inclusion



Each theme has aims to achieve, and a co-produced work plan showing the key actions to help achieve the aims.



The Learning Disability Plan is for 10 years, and will be reviewed with people in 3 years, 5 years, and 7 years.

Vision: Our Values and Principles

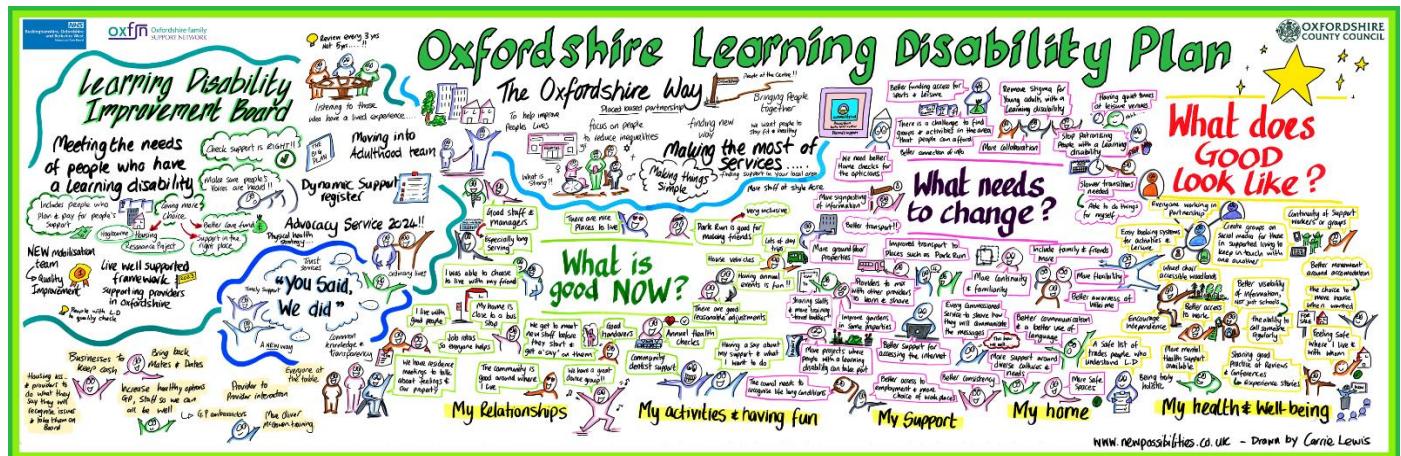
Our joint principles and values which underpin the Learning Disability Plan are:



Engagement and Consultation

Oxfordshire Family Support Network (OxFSN) hosted an engagement event in the style of a World Café in Didcot in November 2024. This was attended by people with a learning disability, families/ carers, professionals and other stakeholders. Open Focus Groups were held during October and November 2024 in five Community Support Services. People also shared their stories about living in Oxfordshire via 'Sharing My Story' forms and My Life My Choice Self-Advocacy groups.

Peoples' views and feedback was captured on the day of the Oxfordshire Learning Disability World Café Event by a Graphic Facilitator.



People with a learning disability, families, carers, support providers, voluntary organisations, health and social care professionals were asked to share their views during consultation and this feedback contributed towards shaping the final plan.

Information gathered and stories from people have been included to ensure people's voices are heard throughout the Oxfordshire Learning Disability Plan 2025 – 2035.

Supporting adults with a learning disability to have better lives framework



The framework is a national guide to help council's check how to build better services for adults with a learning disability, and young people preparing for adulthood.



The framework's vision is: "Support and value adults with a learning disability, and their families/carers, to live safe, well and fulfilled lives in communities".



The framework supports services to include everyone, be person-centred, safe, long lasting and give people the same chances as everyone else.



The vision has six areas that connect to each other. Council's will use these six areas to make services the best they can be.



Inclusion



Equal Access



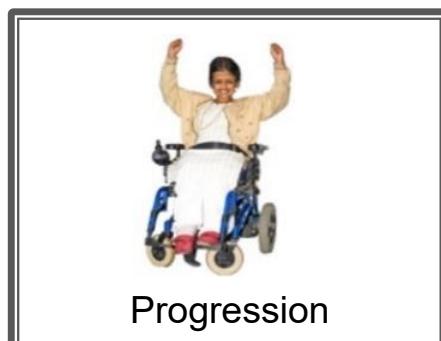
Person Centred Planning and Support



Safeguarding



Sustainable Models of Support



Progression

More information on the six areas and the framework can be found here:
[Supporting adults with a learning disability framework](#)

The 10-year NHS Plan 2025



The NHS wants to make healthcare better for everyone. This includes making sure people with a learning disability gets the care they need.



Three main areas covered are:

- Changing from treatment to prevention: promoting early intervention and focusing on healthy lifestyles and prevention.
- Moving care from hospitals to communities: looking at community-based care and neighbourhood teams.
- Use of electronic tools: all health information is kept in one place and can be accessed easily by all healthcare professionals.



Further information can be found here: [Fit for the Future: the 10 Year Health Plan](#)

Legislation



People with a learning disability and their families have rights in law and government policies.



Some of the laws and policies often spoken about are:



The Care Act 2014



Human Rights Act



Health and Care Act



Mental Capacity Act



Mental Health Act



Equality Act



Data Protection



Down Syndrome Act



Children and Families Act

Links to more information on these can be found in the resources section

The Oxfordshire Way Vision



We want people to live happy, healthy lives in Oxfordshire. We hope we can achieve this by supporting people to live well and independently within their communities, remaining fit and healthy for as long as possible. We call this vision the Oxfordshire Way.



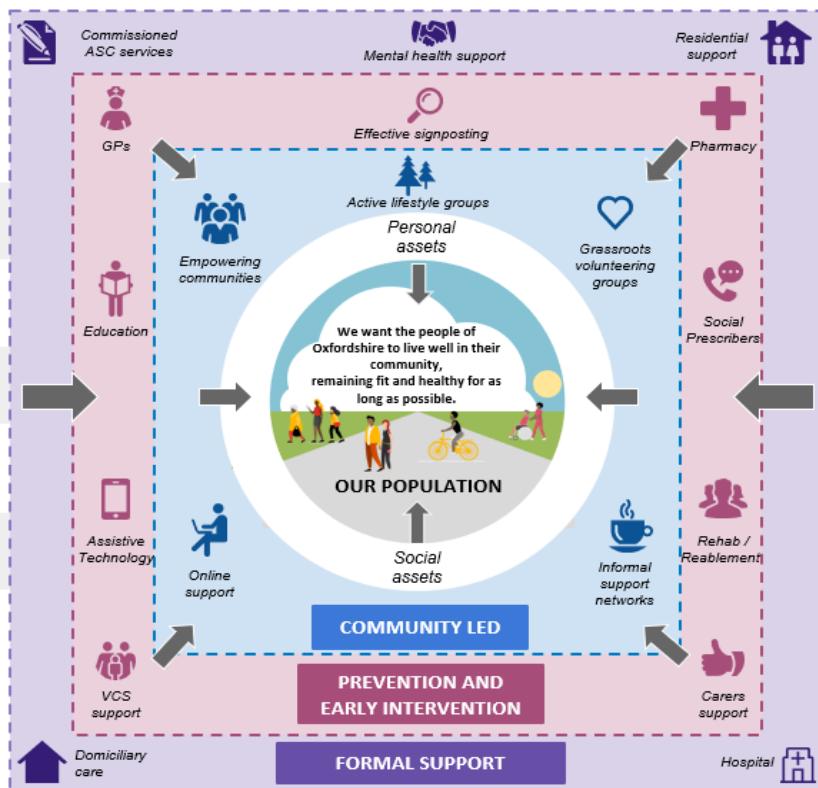
The Oxfordshire Way includes the council, health and care organisations, and voluntary groups working together in the community. We are using each other's strengths to work towards the same goals and are united by this one shared vision.



We recognise the strengths in growing strong communities, enabling people to make their own decisions about their care options, and supporting people to live well and independently closer to home.



We are focusing on what's strong and not what's wrong, and thinking creatively about what we do. Working together in partnership we are transforming how care is delivered in Oxfordshire.



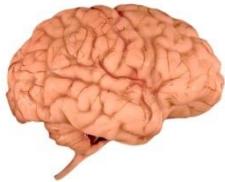
The Oxfordshire Way shown as a diagram.

The Oxfordshire Way places the person at the heart of everything we do, developing community-based solutions and creating an environment where people can be supported close to home.

We do this by supporting people to use their own personal strengths, and to find support in their local area, so that people can have a good life, with choice and control.

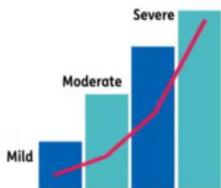
A link to more information can be found in the Resources Section.

Learning Disabilities



A learning disability is usually present from birth or early childhood, is life-long and can change how someone learns. A person with a learning disability may need help to understand things, learn new skills, and live independently.

A learning disability is different for everyone; no two people are the same. Learning Disabilities can be described as:



- Mild (which means just a little)
- Moderate (which means quite a bit)
- Severe or Profound (which means a lot)



The support someone needs can be different for each person. It depends on their type of learning disability and their unique needs.

Lots of people who have a learning disability can work, have relationships, live alone and get qualifications.

Profound and Multiple Learning Disabilities



Profound and multiple learning disabilities (PMLD) is a term used when a person has a severe learning disability along with other severe disabilities. This might affect how a person communicates, lives independently, or manages other health conditions.



A person with a profound and multiple learning disability may find it hard to see, hear, speak or understand. A person may have complicated health and social care needs because of these or other health conditions. Everyone is unique with their own individual abilities, and these should be celebrated and supported.



People with a profound and multiple learning disability have unique abilities and should always be involved in making decisions about their lives. Everyone should have the opportunity to be active members of their local communities.

Person-Centred and Strengths-Based Approaches

Person Centred Approach

Focus on the person: This approach is all about the person. It means understanding what people want and need.

Listening to the person's voice: The person is the expert on their own life. People's experiences and dreams are heard.

Personal Goals: People are helped to set and achieve their own goals, not just what others think is best for them



Strengths Based Approach

Focus on abilities: Instead of looking at what people can't do, there is a focus on what people can do.



Building confidence: By recognising and using people's strengths, people will feel more confident.

Encouraging independence: People are supported to make their own choices and decisions.

Together these approaches promote:

Empowerment: Both approaches aim to empower people. This means giving the person the power to control their own life.

Positive Support: Support is built around a person's strengths and respects their choices.



Better Outcomes: By focusing on people and their strengths, people can achieve more and have a better quality of life.

These approaches can help people live more fulfilling and independent lives by focusing on their abilities and personal goals.

Communication



Communication is very important. There are many ways people can share their needs, wishes and choices.

Some of the different ways people may communicate are:



Verbal or written



Facial Expressions,
Body Language



Communication Aids



Makaton or British
Sign Language (BSL)



Objects of Reference,
Pictures, or Symbols



Behaviours

Positive Behaviour Support

Behaviours can be a way for people to communicate their needs and desires. Sometimes, these behaviours may be harmful to the person or others.

Positive Behaviour Support uses various methods to understand the meaning behind a person's behaviour and what they are trying to tell us.

This approach enhances support and empowers the person to find alternative ways to meet their needs, ultimately improving their quality of life.

The individual approaches are documented in a plan that people can share with others, such as family members or support staff. The plan is reviewed regularly.

In Positive Behaviour Support, working together is very important. Everyone should work together as a team and treat each other with dignity and respect.

Positive Behaviour Support makes sure people get the right support at the right time, so that they can live happy and meaningful lives.

Further information can be found on the Bild website: [Positive Behaviour Support \(PBS\) | bild](https://www.bild.org.uk/positive-behaviour-support-pbs/)

A Focus on the Intensive Interaction Service

The Intensive Interaction (II) Service works with the Adult Learning Disability Teams and the Intensive Support Team in Oxford Health NHS Foundation Trust.

Intensive Interaction is a communication and social interaction approach to help people connect with each other.

The Intensive Interaction Service in Oxfordshire receives referrals on behalf of people who find communication and social interactions difficult. We receive referrals for people with severe and profound and multiple learning disabilities, for autistic people and for people with dementia.



Staff and carer training and mentoring enable people to connect more effectively on the person's terms using their own style and method of communication.

We develop written guidelines and also video guidelines – a short film that shows how a person communicates and how we should change our communication to connect with them better.

Intensive Interaction engages and includes people who might otherwise be excluded.

It is a strengths-based approach as it builds confidence and empowers people to be successful communicators by changing the responsiveness of the people around them.



The service has won awards in 2014 and 2024 for the work it does.

Goals for the next ten years include promoting our work so all who can benefit can access the service; more outreach to day services and to nursing homes supporting people with learning disabilities and dementia; and further innovation, research and development.

Further information can be found on the Intensive Interaction Institute website: www.intensiveinteraction.org

Theme One: Having a Good Life



Our Aim



People with a learning disability will live a full and valued life.



This could be through volunteering or paid employment, being members of clubs and societies, joining in with activities or going to events held within their local area, community, or further afield.



People with a learning disability will be able to maintain and make new friendships and loving relationships.



People with a learning disability will be able to have their voice heard, whether this is through formal advocacy, self-advocacy or sharing their views as experts by experience.

I Statements

People with a learning disability living in Oxfordshire should be able to say:



I can meet people who share similar interests and have the chance to join in a range of groups

I have chances to learn new skills, volunteer and work

I have people in my life who care about me – family, friends and people in my community



I am involved in my local community

I am valued, and treated with respect and dignity



I feel welcome and safe in my local community



I can keep in touch and meet up with family, friends and have relationships



I know about the activities, social groups, leisure and learning opportunities in my community



I can get information and advice that is easy to find, correct, and in a format that I can understand

(Links to I statements from TLAP Making it Real: [Explore Making It Real - Making It Real](#))

What success will look and feel like

Style Acre Didcot Day Hub: Cooking Session

Style Acre's Didcot day hub, T2, runs cooking sessions with the people we support on a daily basis. The sessions are designed to develop a range of skills, try new recipes and have fun.

Nicola said, 'It's really interesting.'

Sarah likes the opportunity for 'making new friends, friendly people.'

Donna said 'I get to take it home and eat it in the evening. It's good to learn how to do it.'

Developing the skills and experiences of the people we support in sessions is a really important part of what we are trying to achieve in our day hub. Following being part of the cooking groups, people we support have gone on to take part in some different opportunities.



We have 4 people we support who bake all the cakes and sweet treats for our Style Acre Tea Room in Blewbury. They also bake some extras for the café we run at SOHA's Frances Curtis Court.

Kate, one of our tearoom bakers said: 'I like baking the chocolate brownies.'

People we support have also used the skills learnt to cook for our Chilli & Nachos stall at Truck festival and Wallingford fireworks. People we support at the day hubs have then worked at the festival and events to serve the food they have made.

Donna said: 'It was good to make the chili – and it was nice to eat it too! It made me happy they would be selling what was made.'



Sarah says that at the festival she: 'Made the chili, weighed it out and did washing up. It was brilliant to serve customers and loved being at the festival. It was so much fun.'

Richard's Story

Richard comes to T2 (our Didcot community hub) 3 days a week and is supported to do voluntary work, karate, tennis and gardening.



As part of his day hub support Richard also does a great job at our Tea Room where he is supported to use his catering and customer service skills. Richard's work includes preparing vegetables for soups and salads, baking biscuits, making tea and serving customers. "He is a superstar in the kitchen" says his support worker!

2024 saw Richard take part in the Superhero Triathlon at Dorney Lake. Our Wellbeing Manager says: 'Richard took part in the Superhero Tri for the first time and he did the whole thing – swimming, cycling and running!



Richard had never swum in open water before, so the training sessions at Queenford Lake were really beneficial, and he took to it instantly! Richard had a great support crew with his parents joining him for bike rides and runs, and his sidekick from Wallingford Triathlon Club being a great influence and support too'.

Sophie's Story

I go by bus to the day service. I am delighted and excited on the days I go to the day service. I love going, the day service helps me a lot, it gives me a break from home. I will tell the staff if I get angry and I will do Sophie's square breathing with support from staff.



I volunteer at the RVS (Royal Voluntary Service), I make hot drinks and prepare lunch, I like doing it. I do like helping people. On a Friday I run the bar at the day service, I give people drinks. My support worker helps me use the till and I give the change, sometimes I use the card machine. I like helping people.

I enjoy a pamper and I love having my feet done, it makes me feel relaxed and having my hair done makes me feel calm. I want to carry on coming to the lovely day service.

Sharon's Story

Sharon has been supported in our day hub for a number of years and has always loved to bake for others, both at home and in the hub. She has never felt quite confident enough to undertake voluntary work and at times has struggled with her mental health, esteem and motivation.

Knowing her interest in baking we arranged for her to be supported along to volunteer at Frances Curtis Court.

Frances Curtis Court is a SOHA assisted living complex in Wallingford where Style Acre provide a café service 3 days a week. On Tuesdays, a 2-course lunch is prepared for the residents which is made from scratch by a team of Style Acre individuals and their support workers.

Every Tuesday Sharon comes along and makes the pudding option. Sharon is incredibly committed and never misses a week if she can help it. This is Sharon's first work placement and her baking knowledge makes her a valuable member of the team. She rises to the occasion every week, helping to make desserts, cakes, and an array of puddings, even if she has not made them before. Her cheerful outlook makes her a pleasure to work with and everyone on the team enjoys her company.



Sharon likes a joke and a chat and the environment at Frances Curtis Court suits her very well as everyone involved works for Style Acre. Week after week Sharon gets stuck in, following new recipes to produce a high-quality lunch that the residents pay for and enjoy.



When asked what Sharon enjoys the most about coming to Frances Curtis Court she simply said 'everything.' It is not an understatement to say that we simply could not do this without her. Sharon takes pride in her role and likes to chat with the residents about making the puddings and receiving the positive feedback about what she has made. The work placement clearly means a lot to Sharon and is looked forward to every week.

Sharon's commitment and passion for her role was recently highlighted in Style Acre's monthly newsletter and she was so excited to show her mum what she has been doing and the positive feedback she receives for her bakes. It is wonderful to see how much she enjoys her work placement and the confidence it has given her. She truly has developed such skills, knowledge and passion for what she does, alongside seeing real improvements in her mood, self-esteem and mental health.

Redlands Gateway Club, Banbury

Our Story

Redlands Gateway Club is a welcoming social club for adults which is held at the Redlands Centre in Banbury every Thursday evening, 7.30pm – 9pm.

Redlands Gateway Club is a registered charity and has been part of the local community since 1993. Long-established volunteers, many who have been volunteering for over 20 years, help with the running of the club with members.

There is a small weekly cost for members and a Tuck Shop where people can buy drinks or snacks.

People can join in with different activities like Table Tennis, snooker, music, arts and crafts, and some members choose to sit and relax, or chat with their friends.



There is a monthly disco, with some themed for Valentines, Halloween and Christmas. There are planned Bar nights throughout the year at the Cheers 'M' Dears pub where members enjoy relaxing and karaoke, and an annual Gateway's Got Talent.

We like the company, we like getting out of the house. We like the discos

It's fun when it's my birthday (Member)

It's the lovely people, I love you all (Member)

I like coming here every Thursday evening. I like the whole thing (Member)

I like the discos and I like doing the music. I like Gateway's Got Talent. My friends are here (Member)

Quotes from Members and a Volunteer

I have been volunteering at the Gateway Club in Banbury for over 20 years. I'm not the only one who has been here a long time. I think it's because it feels like you are part of a family here. The people who come to the club have opportunity to do activities like table tennis or use the pool table, to do crafts, games or puzzles, listen to music or just chill out. It's very much their choice and their club and it's a privilege to be able to support them (Volunteer)

Inclusive and Accessible Discos at Abingdon Community Support Service Our Story

We usually host around four exciting events throughout the year, each with a unique theme to keep the fun going. We have also held an Inclusive & Accessible festival with live music.

Regular themes: Valentines Day, Summer Vibes, Halloween, Christmas

The events are held on a Saturday 7:00pm - 9:00pm at Abingdon Community Support Service. Our venue is fully accessible to accommodate everyone.



We offer a sensory friendly environment with a quiet space in our small sensory room, and inclusive music where you can enjoy a variety of music genres that caters to everyone. Feel free to request a song on the night. Our staff are trained to assist individuals with disabilities and ensure everyone has a great time.

Come and be part of an unforgettable experience where everyone is welcome!



Safe Place: A 'Safe Place' is a venue in the community where people with a disability, illness, or learning disability can go to if they feel scared or at risk and ask for support.

Venues sign up to join the scheme and display a logo so they are easy to recognise.

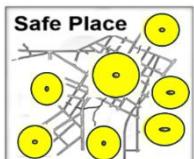


Staff at the venues will welcome you and provide support like calling a friend for you or a taxi.



There is a free Safe Place App which can be downloaded from the App Store or Google Play. This will show the nearest Safe Place within 15 minutes walking distance.

If there is nowhere within this distance the app will offer to call



There are organisations in Oxfordshire who have signed up to be a Safe Place for people should they need help.

More information can be found on your local city and district councils' websites.

Employment

In Oxfordshire 2023-24, there were 117 people with a learning disability aged 18 – 64 who had long-term support and were in paid employment. This is around 8.2% of people with a learning disability who had long-term support during that time. (ASCOF – NHSE)

Oxfordshire Employment

Oxfordshire Employment helps people with long-term health issues or a disability to find and remain in employment.

They can provide supported internship opportunities, which are successful in helping young people to enter work.

Oxfordshire Employment has a team of dedicated employment advisers who can help people to:

- develop their work skills
- look for employment
- get a job



More information can be found here: [Oxfordshire Employment | Oxfordshire County Council](https://www.oxfordshire.gov.uk/employment)

Advocacy Service

Voiceability is the Service Provider who provides the Advocacy Service for adults in Oxfordshire.



Advocacy is a statutory service under the Care Act 2014 for eligible people.



Advocates are independent professionals who work with people to help them understand their options, know their rights, and express their wishes and views.

This helps to make sure that people are involved as much as possible in decisions about their health and care.



Referrals to the service can be made by professionals, family/friends, or self-referrals.

More information can be found here: [VoiceAbility | Advocacy and involvement](https://www.voiceability.org.uk/)

My Life My Choice Self-Advocacy Groups



Our self-advocacy groups are spaces where our members can have a voice, be listened to, and supported by their peers. It is a place for them to make friends, be social and share what's important to them, the barriers they are facing and how they would like to improve their lives.

My Life My Choice runs self-advocacy groups all over Oxfordshire. They are free to attend and anyone with a learning disability over the age of 18 who lives in Oxfordshire can join.

In our recent impact survey, 98% of people who attended groups said that it had helped them to increase their ability to speak up for themselves (advocate). Members also said going to a group helped increase their confidence, knowledge and skills, whilst reducing loneliness and isolation.



Groups have been covering a wide range of topics, including sessions on health and wellbeing, discussing the proposed benefit changes, learning independent travel skills via our Travel Buddy workshops, discussing and putting forward proposals for the governments new social care plan and linking with local GP practices to improve access and service for the learning-disabled community.

Many of the groups have a social 'Pub Clubs' that runs after the group. This gives members the opportunity to socialise, make friends and have fun.



More information can be found here: [Self Advocacy Groups - My Life My Choice](#)

Some of the self-advocacy groups held: Abingdon Group, Banbury Group, Bicester Group, Chipping Norton Group, Didcot Group, LGBT+ Group, Oxfordshire Group, Oxford Group, Wantage Group, Women's Group, Witney Group, and Young Person's Group.

What people have told us is good now



People with a learning disability, their families, carers and professionals told us what they feel is good now. We can learn from what people have told us to develop services in Oxfordshire.



Day services have other people coming in to run activities



Some employers provide support for people when they are at work



There are options for jobs, work experience and volunteering, but these are limited



Involving and including Experts by Experience

'People listen to my needs'

'Making my own choices'

'Help from staff'



Going to the day service and meeting friends



Cinemas have accessible films and they welcome everyone



Good now



Some support providers have paid employment opportunities for people



There are lots of services and activities in the county which are good role models and show good practice



Travel Buddies who help teach people with how to use public transport and routes



Some groups and activities are held in the evening, but this is not consistent across the county

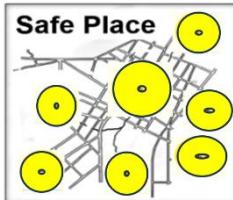


What good looks like

People have told us what good looks like to them. We can use this information to shape and develop services for people with a learning disability in the future.



A database of activities, groups and services which is easy to use



There are 'Safe Place' venues in the community



Variety of clubs, events and activities across the county, in the evenings and at weekends



Support with writing job applications and interview practice



Day Services, Groups, and Community Hubs all around the county



What good looks like



Opportunities and places to meet new people, see friends, and have relationships



Professionals listen to what is being said, get to know people, and what they want to do



There is good public transport and bus routes which people feel confident to use



Information is easy to find, understand, and in the right format for people



More training, learning skills, jobs, volunteering, and work experience



What needs to change

People have told us what they feel needs to change to help achieve what good looks like. We can use this information to develop work plans and identify key tasks to complete.



Staff should have flexible work hours. Carers should be linked to the person they support



People should have the same choices, like going on holiday or out in the evening



More buses and bus routes are needed, and training to feel confident using public transport

What needs to change



There needs to be dedicated times or sessions for people



A logo or simple words on leaflets / posters to show all are welcome



Experts by Experience joint training for people and communities



More advice and information for people about work and employment



Electronic systems need to be easier to use. Booking and application systems are confusing



Partnerships lost between services following Covid-19 need to be rebuilt



Information needs to be shared with everyone. Leaflets need to be easy to read



Buildings need to be used better during the day and in the evening. People are helped to set up and run groups



Communities need more places signed up to be a Safe Place



What needs to happen



1. Making what people have said is good now, even better. Sharing good practice and lessons learnt to increase the quality of services.



2. Information is easy to find, shared with all, and available in different formats.



3. More people with a learning disability are able to find volunteering and work experience opportunities, and paid employment in Oxfordshire.



4. There are more accessible places and a variety of social groups, activities and events for people to join and meet friends in their local area, community, and further afield.



5. Improve the skills, understanding and knowledge of people and communities.

A work plan relating to the above identified key points will sit alongside the Learning Disability Plan. The work plan details the actions to be taken and the outcome measures of success to achieving the aims for Theme One: Having a Good Life

Theme Two: Health and Wellbeing



Our Aim



People with a learning disability will be able to access physical and mental health services with the support they need at the right time, to be the healthiest they can be.



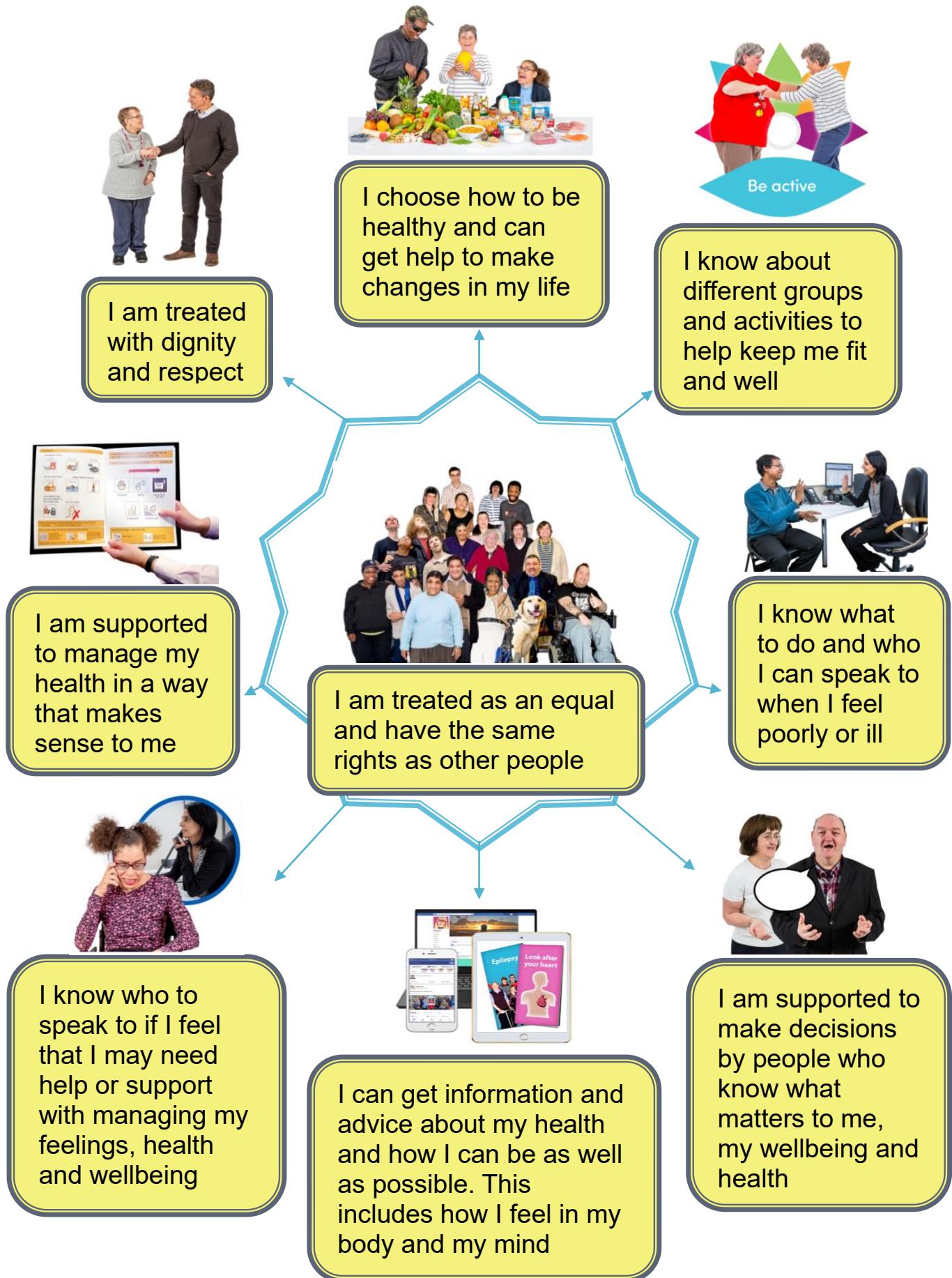
The Oxfordshire Way is embedded across services, and people are able to live well, have opportunities to improve their health and wellbeing and be as fit and healthy as they can. Both health and social care services have a focus on preventing illness, disability, and social isolation, as well as to promote healthy lifestyles and early intervention.



By working together we aim to reduce health inequalities and improve people's health outcomes and wellbeing.

'I' Statements

People with a learning disability in Oxfordshire should be able to say:



(Links to I statements from TLAP Making it Real: [Explore Making It Real - Making It Real](#))

What success will look and feel like

The 'Have A Go' Festival

Oxfordshire based Learning Disability health services have been putting on the "Have A Go Festival" since 2004.

Over the years it has grown in terms of attendance and the number of different activity options offered.

It is now run by the Oxford Health NHS Learning Disability Service alongside the charity Active Oxfordshire.

The event offers adults with learning disabilities the chance to try a range of sports, meet new people and get active in different ways – showing how to break down and overcome some of the barriers experienced when it comes to taking part in physical activity.

Exercise and fitness are so important for all of us in reducing our health risks from both a physical and mental health perspective and this event demonstrates supportive and inclusive ways to go on to achieve this.



This valuable event shows people how much fun you can have and how sociable keeping active can be whilst also doing something positive for our health.



Favourite activities over the years have been cycling using a range of specially adapted bikes, 'drums alive' and the Paralympic sport boccia. But a whole host of different sports have been available - athletics, football, cricket, tennis, dance, archery, multi-sports, races, long jump, rugby, boxing to name a few!

Many of these are then available for people with a learning disability to access throughout the year via local clubs and groups.

The Oxfordshire Learning Disability Physical Health Strategy

The Learning Disability Physical Health Strategy for Oxfordshire aims to improve the physical health of people with a learning disability so that they can live healthy, fulfilling lives. The strategy includes specific initiatives and projects, focusing on key areas to support the aims.

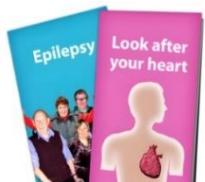


Subgroups oversee the key aspects within the strategy and includes representatives from health, Oxfordshire County Council, local service providers and Experts by Experience.

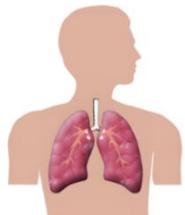
Some of the key areas included within the Physical Health Strategy are:



Screening and Vaccinations: Ensuring that the five national screening programmes are accessible for people with a learning disability, that records are accurate and that reasonable adjustments are in place to improve uptake so that early detection is possible and treatment or advice can be given.



Accessible Health Services: Ensuring that health services are accessible and accommodating to the needs of people with a learning disability, including easy-read materials and support during medical appointments.



Health Conditions that Impact People with a Learning Disability: The Learning Disability Health Teams have a focus on improving detection and treatment of conditions associated with bowel and bladder function and lung health.



Health Promotion: Initiatives to promote healthy lifestyles, including physical activity programs and nutrition education designed for people with a learning disability.



Support to Healthcare Providers: Supporting healthcare providers to improve their understanding and ability to support the physical health needs of people with a learning disability



Working with Support Providers: Helping to develop staff members knowledge and awareness of potential deterioration and changes in a person's health and wellbeing.

Learning from Lives and Deaths - people with a learning disability and autistic people



This is a service improvement initiative focused on reducing health inequalities and improving healthcare for people with learning disabilities and autistic individuals. It involves reviewing the lives and death of these individuals to identify areas where healthcare and social care services can be improved. People may have heard this previously referred to as LeDeR.

The Learning Disability Physical Health strategy is based on recommendations of the last LeDeR report. The aims are:



- To improve health and social care for people with a learning disability and autistic people.
- Reduce health inequalities for people with a learning disability and autistic people. Health inequalities are unfair and preventable differences in health.
- Stop more people from dying too soon by making care better.



More information can be found here: [20250522 LeDer-2023-2024 AFL easy read V5.pdf](https://www.gov.uk/government/publications/20250522-leder-2023-2024-afl-easy-read-v5.pdf)



Annual Health Checks: Anyone over the age of 14 with a learning disability can have an annual health check. People are usually invited to a health check by their GP surgery, but people can also book one themselves, at any time.



Health and Care Passports: These will support people to get access to NHS services and provide an action plan for people's current needs.



It is written by you, your doctor and health care professionals and says how you will get the support you need with your health.

Further information can be found here: [Learning disabilities - Annual health checks - NHS](https://www.gov.uk/government/publications/learning-disabilities-annual-health-checks-nhs), and [Health Action Plan | All About Health](https://www.gov.uk/government/publications/health-action-plan-all-about-health)

Profound and Multiple Learning Disability Group

There is a group of clinicians who focus on the needs of people with profound and multiple learning disabilities.

Historically, people with a profound and multiple learning disability are under-referred to health services and experience more health inequalities.



We are developing a pathway to clearly define best practice and populating a register as people are referred so re-referrals can be offered proactively in the future.

South Central Ambulance Service (SCAS)



South Central Ambulance Service NHS Foundation Trust has created accessible information available for people to use on their website.

This includes a communication booklet which has photos and questions people may be asked by the ambulance staff.

There is a guide focusing on an ambulance journey which includes drawings to help explain what may happen if someone needs to go to hospital in an ambulance.



There are easy read leaflets for:

- When should I call 999
- 999 response times
- What to expect when going to hospital



People may have a Lions Message in a Bottle, which is where important information about health can be kept and shared with ambulance staff.

The website has a form called Message in a Bottle – I am Autistic, which can be downloaded and filled in.

The website includes a video which shows people around the inside of the ambulance.

The link to the website and information: [Accessible information | South Central Ambulance Service](#)

Health and Happiness Project – My Life My Choice



My Life My Choice has a new project all about getting healthy and happy. The project is called the Health and Happiness Project.

The project is for everybody with a learning disability and/or Autism. It does not matter what your health or fitness level is you can be a part of it.

20 members of our charity have been working for a year to reach some health goals they have set.



The goals were things like wanting to stop smoking or wanting to learn about healthy eating.

We have had workshops delivered by experts in health. They taught us how to help our friends and family get healthy and happy too.



Active Oxfordshire have helped us find ways of getting moving and being more active. They have helped us join gyms, use equipment and meet other people near where we live for activities.

Stop for Life gave us free advice and one to one support to quit smoking. They can also help us get free nicotine replacement therapy. These are things like nicotine patches and gum.

We learned how to cook healthy soups at Abingdon & Witney College. This is a skill we can use for the rest of our lives.



Beezee helped us to control our weight by eating more healthily. They explained which foods had too much sugar in them.



We had training called Make Every Contact Count. We learnt how to talk to other people about being healthier and happier.

At the end of the year we made a video of our different workshops. We shared this with everyone so that they can get Happy and Healthy as well.

Health Information, facts and figures



Information about people with a learning disability and health is collected from various sources and may be local or national. This information can help to identify areas of focus to raise awareness and help improve people's health and wellbeing.

Some studies report constipation being a problem for up to 70% of people with a learning disability

People with a learning disability are likely to have much higher rates of certain health conditions than the general population

People with a learning disability are more than twice as likely to have type 1 diabetes than the general population and similarly likely to have cancer

People with a learning disability are three times more likely to develop dementia

Rates of Epilepsy are almost 30 times as high for people with a learning disability

Some information, facts and figures

It is thought that around 25 - 40% of people with a learning disability experience mental health problems

It is thought that around 40% of adults with a learning disability experience moderate to severe hearing loss

As of 31 March 2024, there were 3,257 people aged 14 and over recorded on the GP's Learning Disabilities register in Oxfordshire (GP Data from ICB Oxfordshire EMIS)

As of 31 March 2024, there was around 78.6% of people aged 14 and over on the GP's Learning Disability register who had an Annual Health Check (GP Data from ICB Oxfordshire EMIS)

People with a learning disability have worse physical and mental health than people without a learning disability. On average, women with a learning disability die 23 years younger than women in the general population. On average, men with a learning disability die 20 years younger than men in the general population (LeDeR, 2023; ONS, 2022)

National data collected shows that the percentage of people who have a learning disability and a diagnosis of attention deficit hyperactivity disorder (ADHD) increased from 8.6% in 2022-23 to 9.0% in 2023-24

National data collected shows that the percentage of patients with a learning disability who were prescribed antipsychotics has decreased from 14.4% in 2022-23 to 13.9% in 2023-24

More information and sources for the data can be found in Resources

What people have told us is good now



People with a learning disability, their families, carers and professionals told us their personal experiences and views on what they feel is good now. We can learn from what people have told us to develop services across Oxfordshire.

The Community Dental Service, dentists are good and explain what they are doing

NHS at hospital, we haven't had to use the learning disability liaison as staff at the hospital are exceptional. There are always nurses attending appointments during difficult health issues



Good relationship with GP, who knows the family well

Music, walking in nature, and movies



House manager has loads of information on what is going on to help keep active and socialise

Mental well-being, we have Beat Fitness come in regularly at day club for fitness, as well as having mindfulness sessions, ways to wellness, and mental health people



Good now



Physical health strategy: lots going on.
1) primary healthcare
2) screening and research
3) my health and well-being – public health, focusing on priorities (inequalities)
4) Profound Multiple Learning Disabilities
5) family and choices, primary push from health
6) acute hospitals

I can always call someone if I feel down

Learning Disability NHS Team is very good, have had quick responses and detailed ones

The doctors are on the ball, quick appointment when health needs are identified. The online app is okay to use if you have the skills

Health and happiness with My Life My Choice – the project focuses on stopping smoking, exercises, reducing alcohol, and healthy eating



What good looks like

People have told us what good looks like to them. We can use this information to help look at and develop services for people with a learning disability in the future.



Services continue when people move from children to adults



People feel able to talk openly about their mental health



Wellbeing

Community Hubs focusing on people's health and wellbeing



Clinics and groups for people with a learning disability about health issues and wellbeing



Learning Disability Liaison Workers and Buddies support people in the hospital



What good looks like



Learning disability training for Health and Social Care, joint led by Experts by Experience



Everyone has equal access to health services



Everyone who wants a hospital passport has one, and professionals read it when needed



Bereavement support services can be easily found for people to talk about loss and grief



Information about health and wellbeing is easy to read and found in one place



Professionals talk directly to the person and not to their families or carers



What needs to change

People have told us what they feel needs to change to help achieve what good looks like. We can use this information to develop work plans and identify key tasks to complete.



Appointments should be flexible and in places where people feel safe support.



People should be asked if they need information in a different format, like easy read or photos



There should be information for people on what health services are in the community

What needs to change



Letters, information, and leaflets should be in a format that suits the person



Groups and health promotions covering health and wellbeing topics and relationships



Experts by Experience should help to design and deliver joint training for professionals



All professionals should have mandatory Oliver McGowan training



A platform to share details about groups who support with physical and mental health



Forward planning to explain clearly what will happen at appointments and show pictures



People should have equal access to health services, health checks, and a health action plan



Services should be learning disabilities specific, and where possible be able to see the same people / staff



Health issues should be spoken about, and staff trained to identify concerns and support people to get help



What needs to happen



1. People will be offered regular health check-ups to find any health problems early. They will get the right support to stay healthy. Everyone will have their own health and care passport to help make sure they get the right care that is fair and works well for them



2. We want to help people live healthy lives. We will promote and share information about healthy lifestyles, groups and workshops across Oxfordshire. These will be tailored to peoples' needs.



3. Services are easy to get to, welcoming and meet the needs of people, including easy-read materials and support during appointments.



4. People understand their rights and have the same choices as everyone else when getting support for their health, medical conditions, and well-being.



5. Training for professionals and staff to develop skills, knowledge and understanding.

A work plan relating to the above identified key points will sit alongside the Learning Disability Plan. The work plan details the actions to be taken and the outcome measures of success to achieving the aims for Theme Two: Health and Wellbeing

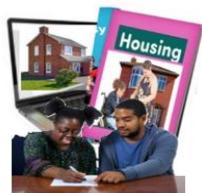
Theme Three: Having a Place to Live



Our Aim



People with a Learning Disability should have the same rights and opportunities as everyone else to housing options in Oxfordshire.



People with a Learning Disability have the right information about the types of housing and support available to them.



People with a Learning Disability have access to housing that is of a good quality with good links to their chosen community.

I Statements

People with a learning disability living in Oxfordshire should be able to say:



(Links to I statements from TLAP Making it Real: [Explore Making It Real - Making It Real](#))

REACH Standards: The Reach Standards are a set of nine voluntary standards created by Paradigm and are recommended by CQC.



REACH standards are important because they can help people with learning disabilities understand if the Supported Living service they are getting is good enough.



The REACH standards can be used by people to check how good a service is and what can be done to improve it.

There are 9 REACH standards which relate to 'I' Statements.

More information on can be found: [REACH STAGE 07-1.pdf](#)

I Statements

The REACH Standards relate to 'I' Statements. We want people with a learning disability living in Oxfordshire to be able to say:





What success will look and feel like

What people have told us having a home means to them.

My Story



'Banbury is somewhere I have lived my whole life with family, I now have Supported Living in the area,

I am very happy with my living arrangements.



I am friends with the people I live with, and the support staff take us out socialising, sometimes we go to the pub, which we all enjoy!



I would though like the opportunity in the future to do bungee jumping, or sky diving!

My Story



'I enjoy cooking in my own home and the staff support me with this.

We have some nights where we all cook together, and some nights where I cook on my own.



We also have a job rota, which means we all help each other out when cleaning up.

I enjoy living with people I call friends, and I am close to family which means I get to see them when I want'.

Supported Living in Oxfordshire



Supported living is where a person lives in their own home or has their own tenancy in the community.

Some houses may be shared by 3 or 4 people who get on well together, or some people may choose to live on their own.



People have support from a care and support provider to live as independently and safely as possible. The care and support provided may vary from a couple of hours to all day. Support may also be provided during the night. The amount of support provided depends on people's unique and individual needs.



The council works with a number of support providers in Oxfordshire. They will work with people with a learning disability and their family/advocate to design the right support.



The Live Well Supported Services Framework started in June 2023. There are currently 53 support providers on the framework, meaning there is a range of providers in Oxfordshire.

There is also a new Mobilisation Team in Oxfordshire, supporting people and providers when new support begins.

There are currently 1,709 people in Oxfordshire with a Learning Disability, with 807 people living in Supported Living.

More information can be found here: [Supported living | Oxfordshire County Council](#)



Housing Needs Assessment

Published in September 2024, the Housing Needs Assessment is a report of research undertaken by the Housing Learning & Improvement Network (LIN) for Oxfordshire County Council to provide a Specialist and Supported Housing Needs Assessment.



The council has commissioned the Housing LIN to undertake an assessment of the future need, over the next 10-20 years, for specialist and supported housing and accommodation.



Quality Checkers

Quality Checkers are independent Experts by Experience who are paid to work in partnership with the council to review local learning disability services, such as supported living, through visiting services and meeting people supported by paid carers.



They follow up their visit with a report and recommendations. Some recommendations will suggest improvements, while other comments will highlight and share good practice.

Many of the services in Oxfordshire have their own Experts by Experience who are Quality Checkers to monitor and review the ongoing quality of their service.

Further information can be found here: [Inspections - My Life My Choice](#)

“It’s nice because it’s a paid job. I like seeing other houses and meeting people. We chat about if they are happy and help people understand how we can do things better. I went to a managers meeting, and really enjoyed telling managers what we do it was nice to share our work about the houses they work at”
(Christina)

Quotes from Quality Checkers with My Life My Choice and Quality Experts from Style Acre, and why they enjoy the role.

A quote from a manager about the Quality Experts at Style Acre.

“I like going to visits and seeing how things are for people. Finding out about the good things and what needs changing and how staff are doing. It makes me feel happy to help people if they want to get things off their chest as they can talk about things”
(Katherine)

“It’s important because we ask people how they feel about living in a Style Acre house. We make sure people are getting the support they want. If they are not happy, they will talk to us and we can do something about it. It’s really important for me to be paid and have a job”
(Sadie)

“It’s about helping other people to have their say”
(Pam)

“We help make sure people have a high quality of life and get good support”
(Dawn)

“The Quality Experts presented at a managers meeting and felt really empowered to speak up on behalf of others. It was the most powerful training, and managers were really inspired hearing first hand experiences about the work they do”
(Manager at Style Acre)

Extra Care Housing



Extra Care Housing offers a unique blend of independence, care, and support, tailored to suit individual needs.



They are modern, self-contained homes, usually a one or two-bedroom flat.

People can arrange support from other services if they choose to, and there is professional care and support available on-site when needed.



Some Extra Care Housing may have a hairdressing salon or café's where people can meet up with friends and other residents.

To live in Extra Care Housing, people are normally over 55 years of age, although younger people may be accepted under special circumstances.

More information can be found here: [Extra care housing | Oxfordshire County Council](https://www.oxfordshire.gov.uk/extra-care-housing)

Shared Lives



Shared Lives scheme supports adults with a learning disability, mental health problems, or other needs that makes it harder for them to live on their own.



The scheme matches someone who needs care with an approved carer. The carer shares their family and community life and gives care and support to the person with care needs.



Some people move in with their Shared Lives carer, while others are regular daytime visitors. Some combine daytime and overnight visits.

More information can be found here: [Shared Lives | Oxfordshire County Council](https://www.oxfordshire.gov.uk/shared-lives)

What people have told us is good now



People with a learning disability, their families, carers and professionals told us what they feel is good now. We can learn from what people have told us to develop services in Oxfordshire.



People have a say in their support and what they want to do



There is good partnership working between the different services



Working with Experts by Experience, Quality Checkers

"I have a PA (Personal Assistant). I get good support and have a good relationship with one of my PA's, they are easy to talk to.

It would be better if my support was more reliable"

"Support providers hold coffee mornings so those living in supported living can meet up"



"We live in good houses, with good support at home, I must be careful on the pavements though, sometimes it's not safe"

Good now

'I have support 4 days a week, most of it is good. They take me shopping and help me with my housework. I have a good relationship with them. Money Management are brilliant, they help me sort out my bills"

"Good support team at my house, I have been able to talk to them when I am having ups and downs"



Staff help support people to be more independent



The Service Provider has a Link worker to help support with transition to supported living



People meet new staff before they start and are involved with the interviews



What good looks like

People have told us what good looks like to them. We can use this information to shape and develop services for people with a learning disability in the future.



People choose the decoration, furniture, and layout of their room



The same staff provide support to people in their home



People feel comfortable in their homes, are close to families / friends, and have house transport



Staff are trained to support people in all areas of their life



People are supported by staff with activities and events during the day and in the evening



What good looks like



People are matched with the people they live with so that they have similar interests



People are involved in writing their support plans, and they are focused on the person



There are more choices in the type of accommodation across the county for people



People feel confident to share their views and know that their voice is being heard



There are a range of facilities close by in the local community, like bus routes and shops



What needs to change

People have told us what they feel needs to change to help achieve what good looks like. We can use this information to develop work plans and identify key tasks to complete.



People need more information on what housing is available



Staff should have flexible work hours to support at different times



There needs to be more housing options across the county

What needs to change



Information needs to be easy to find and in the right format for people



There needs to be more training for staff covering a wider range of topics



There needs to be more communication with housing associations



Staff support people to learn new skills and promote independence



Housing associations work in partnership with people to address any repairs or works needed



More staff are employed who can drive, or staff are supported to get a driving licence



People are assisted to find the right housing and support



Homes and properties are suitable so all life stages can live through the same home



There needs to be more ground floor properties for supported living



What needs to happen



1. We need different types of housing in Oxfordshire which provide a choice for people with a learning disability to meet their individual needs and preferences.



2. Housing and support are safe and of a good quality for everyone.



3. Information and communications about the options available for housing and support should be easily available and accessible to everyone in a format that suits them.



4. People should understand their rights and responsibilities as a resident, tenant or homeowner.



5. People need to be able to access information and the right equipment, aids and adaptations to support them in their homes.

A work plan relating to the above identified key points will sit alongside the Learning Disability Plan. The work plan details the actions to be taken and the outcome measures of success to achieving the aims for Theme Three: Having a place to live

Theme Four: Homes not Hospitals



Our Aim



The right housing and support for people with a learning disability will be available in the community to prevent admission to hospital under the Mental Health Act.



There are systems in place to identify and track people with a learning disability who are most at risk of admission under the Mental Health Act. The systems follow national guidelines and quality standards.



If a person with a learning disability is detained under the Mental Health Act, they will be supported to maintain their health and wellbeing with reasonable adjustment made.



Discharge planning will start from admission, with the person always being at the centre of discharge planning.

I Statements

People with a learning disability living in Oxfordshire should be able to say:



What success will look and feel like

My Story

The below is a story from Kingwood, a support provider in Oxfordshire:

We support someone (A) who was discharged from a medium secure hospital ward after 15 years.

A is able to make choices on day-to-day activities and developing the confidence to make medium and longer term decisions on things that matter to A.



We have support staff who want to put A first in everything they do every day, and encourage A to take the next steps forward, but are there if A feels unsure and make sure that A is not discouraged.

We work with colleagues from multi-disciplinary teams to make it "Good" for A. We ensure that A has a 'home' and support that makes them feel safe, and to feel comfortable about being able to open up to staff about how they feel.



Building the Right Support National Plan

A national plan to develop community services and close inpatient facilities for people with a learning disability and/or autism who display behaviour that challenges, including those with a mental health condition.



People with a learning disability and autistic people should have the right support in place to live an ordinary life and fulfil their aspirations, in their own home.

Building the Right Support is a policy to achieve this ambition by:



- strengthening community support
- reducing the overall reliance on specialist inpatient care in mental health hospitals
- improving the experiences of people with a learning disability and autistic people across public services such as health, social care, education, employment, housing, and justice

‘Hundreds of people previously living in hospital are now living in their own homes, and the foundations for future progress have been laid’
(Building the Right Support National Plan).

More information can be found here: [Our plan to make Building the Right Support Happen](#)

Homes not Hospitals



As part of Building the Right Support, there is an aim to reduce the number of people with a learning disability and autistic people in a mental health inpatient setting, and to develop community alternatives to inpatient care.



This will mean that fewer people will need to go into hospital for their care. ‘Homes not hospitals’ means people with a learning disability and/or autism having the same right as everyone else to live good lives in the place they feel happiest.

More information can be found here: [NHS England » Homes not hospitals](#)

Dynamic Support Register (DSR)

Policy



The latest version of the Dynamic Support Register Policy was published in July 2024. The policy is clear and outlines everything that is needed before, during, and after the Dynamic Support Register forum has taken place.

Forum



The DSR forum happens once every month. The forum involves a number of different professionals, including commissioners, social work teams, mental health professionals, the Reasonable Adjustment Service, Continuing Health Care, and Oxford Health.



During the forum, each person who is on the DSR is discussed, with their level of risk and current care and support plans taken into consideration. Actions are recorded and sent out for completion following the forum.



If a person is referred and accepted onto the DSR, or if a person already on the DSR's risks are thought to have increased or decreased, a Cheshire and Wirral Risk Rating Tool is completed to determine whether someone is rated Red, Amber, or Green.



People in the community are rated Red, Amber, or Green based on their level of need, whilst people who are in hospital are all rated Blue.

Cheshire and Wirral Risk Rating Tool



The Cheshire and Wirral Risk Rating Tool is used to support the flow of information to commissioners in a standardised and consistent manner.

The tool comprises of 19 items. The scores are weighted to reflect the extent to which each question is an indicator of increased risk of admission. It provides an overall RAG (red, amber, and green) rating which reflects current levels of risk of admission to inpatient services.

More information can be found here: [NHS England » Dynamic support register](https://www.england.nhs.uk/dynamic-support-register/)

Dynamic Support Register (DSR) Social Work Team

The DSR Social Work Team commenced in early January 2024. The team consists of a Practice Supervisor and 3 Social Workers.

The DSR team is a dynamic responsive team which works across organisational and team boundaries, and alongside the people we support to prevent admission under the Mental Health Act and facilitate hospital discharges.



We work collaboratively with colleagues, commissioners and brokerage to create bespoke support options and manage risk in the community, always ensuring the person we support remains at the heart of our work.

Linda (Practice Supervisor)

Safe Space

Plans to develop a Safe Space have been under discussion since 2017 within the Oxfordshire Learning Disability and Autism System.

The Safe Space will be two self-contained apartments designed to support people in the community.

The Safe Space will be for short stays as an alternative to admission to hospital under the Mental Health Act.

The Safe Space will be in Didcot and will be ready due to be ready in 2027.





What needs to change

People have told us what they feel needs to change to help achieve what good looks like. We can use this information to develop work plans and identify key tasks to complete.

More services that are built around the people who use them for support



Space for people who are in crisis or just need a break and friends

What needs to change

People have the right to change their minds and move if they would like to



More in-county supported living options, and make sure they are genuinely accessible, near local amenities, and close to family members

Support from staff who are caring, knowledgeable and stay for a long time



People in full control of their health needs and decisions, or they get the right support from staff, family or professionals to get the right or suitable help

Access to helpful and well-trained professionals who understand peoples' needs



The right households, not putting people together just because they have the same needs, but because they actually get on and have shared interests



What needs to happen



1. I have the right support and housing in Oxfordshire to meet needs so that I don't have to be detained under the Mental Health Act.



2. There are community focused pathways and resources in place to support me in the community to prevent admission under the Mental Health Act.



3. There are systems in place to track and identify those people most at risk of admission under the Mental Health Act and that they follow national guidelines and quality standards.



4. If I do need to go into hospital and be detained under the Mental Health Act, I am supported to maintain what is important to me. This includes my health and wellbeing, relationships with family, friends and local community, and working towards my strengths to be able to support me back into the community.



5. If I do need to go to hospital and be detained under the Mental Health Act, I am at the centre of discharge planning and fully involved. The discharge plan should be strength based that enables me to leave hospital successfully.

A work plan relating to the above identified key points will sit alongside the Learning Disability Plan. The work plan details the actions to be taken and the outcome measures of success to achieving the aims for Theme Four: Homes not hospitals



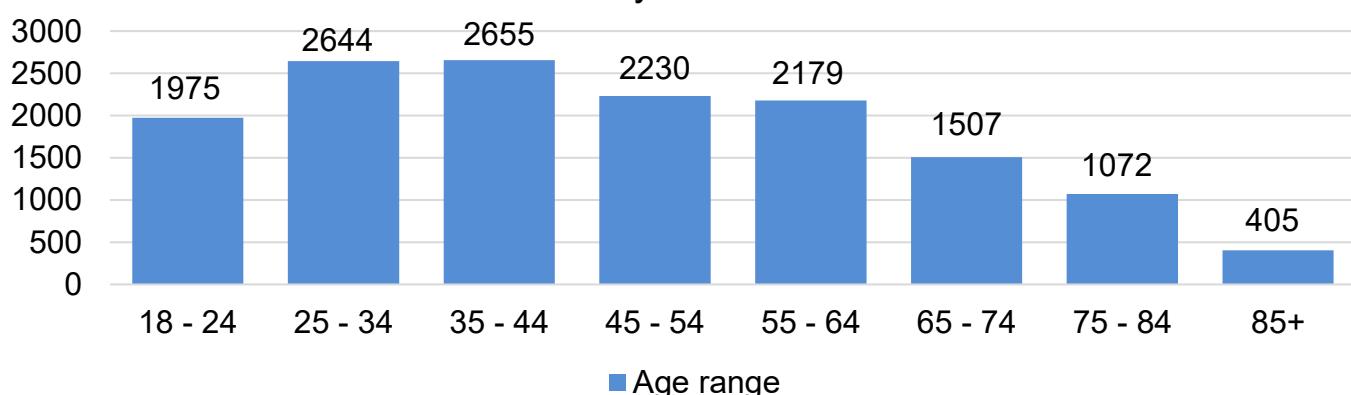
Key Information for Oxfordshire

Oxfordshire Population

The estimated population of people aged 18 and over living in Oxfordshire in 2025 is 621,700.

For 2025, the prediction is that there are 14,668 people with a learning disability aged 18 and above living in Oxfordshire.

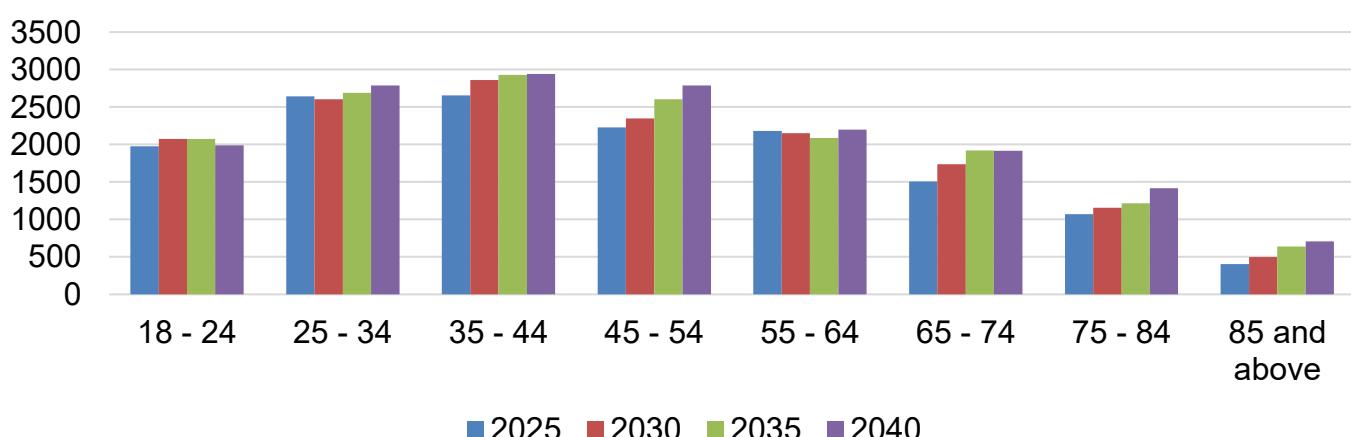
Predicted number and age range of people with a learning disability in 2025.



(Information from PANSI and POPPI)

The below chart shows the predicted number of people with a learning disability aged 18+ in Oxfordshire from 2025 to 2040 and age bands.

Predicted number and age bands of people with a learning disability aged 18+ in Oxfordshire from 2025 to 2040.

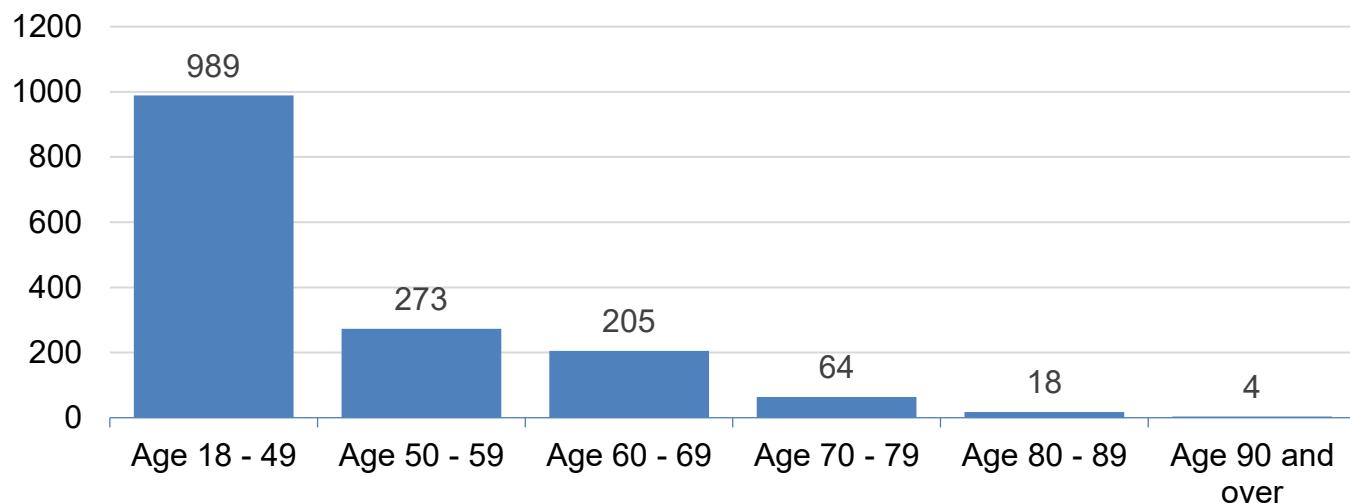


(Information from PANSI and POPPI)

As of 01 April 2024, there were 6285 adults in Oxfordshire with ongoing long-term social care from Oxfordshire County Council. Of those people, 1553 (24.7%) were adults with a learning disability.

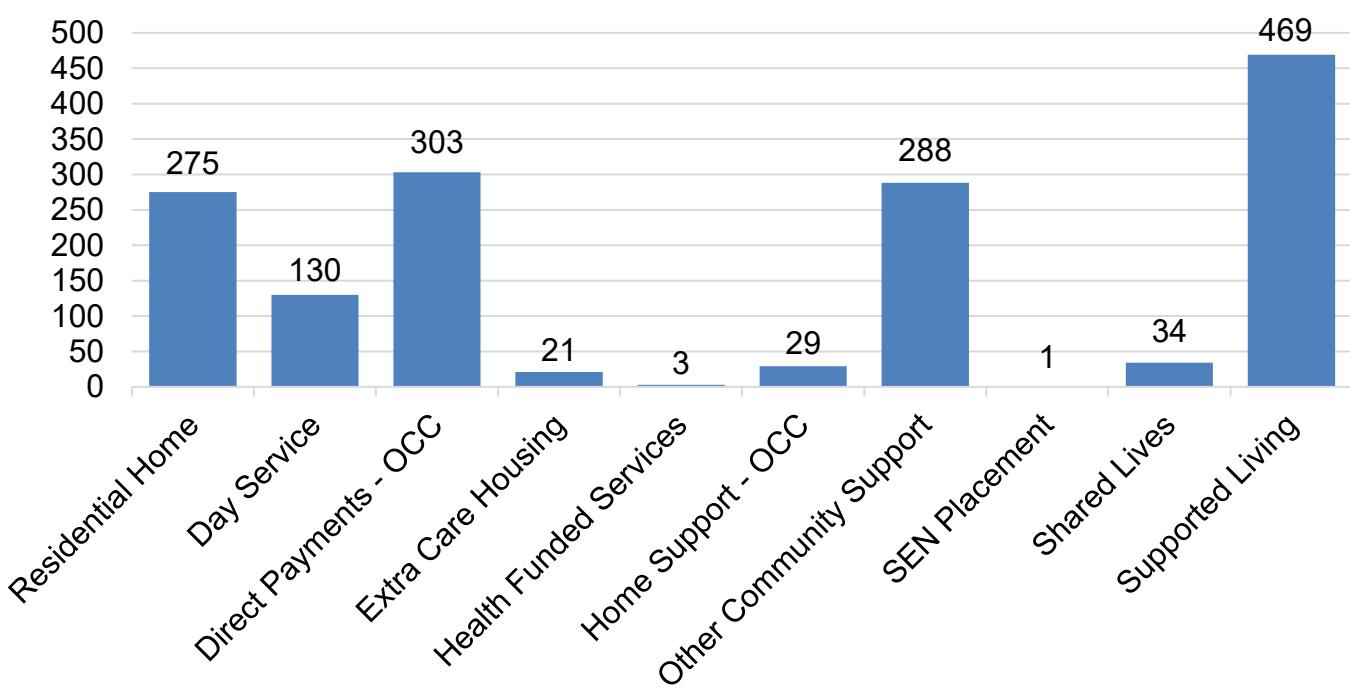
The charts below show the age range of the people with a learning disability receiving ongoing long-term social care and the different services they were using as of 01 April 2024.

Age range and number of adults with a learning disability in Oxfordshire in receipt of on-going long-term social care as of 01 April 2024.



(Information from LAS and ContrOCC)

Breakdown and comparison of the number of people with a learning disability who were using different services as of 01 April 2024.



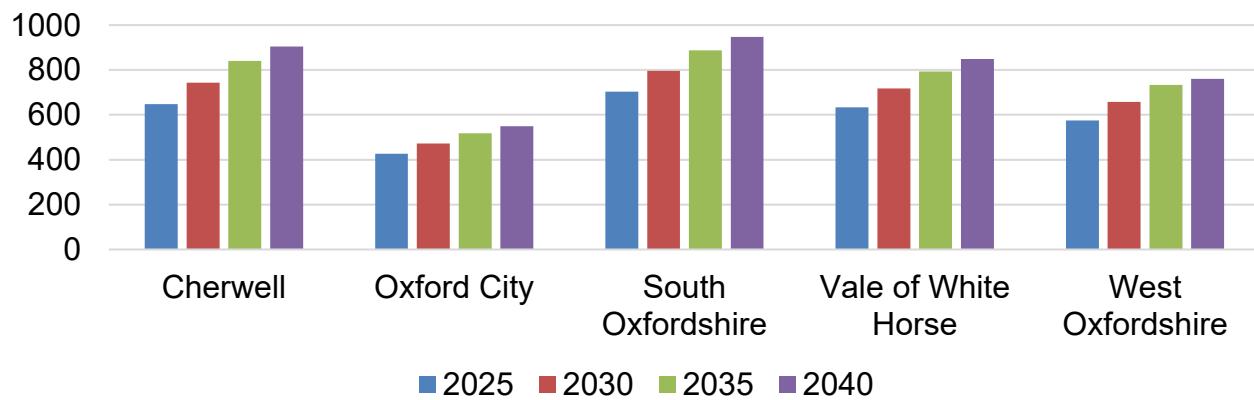
(Information from LAS and ContrOCC)

The charts below show the predicted number of people with a learning disability aged 18+ in the five districts of Oxfordshire from 2025 to 2040.

Predicted number of people with a learning disability aged 18-64 in each of the districts from 2025 to 2040.

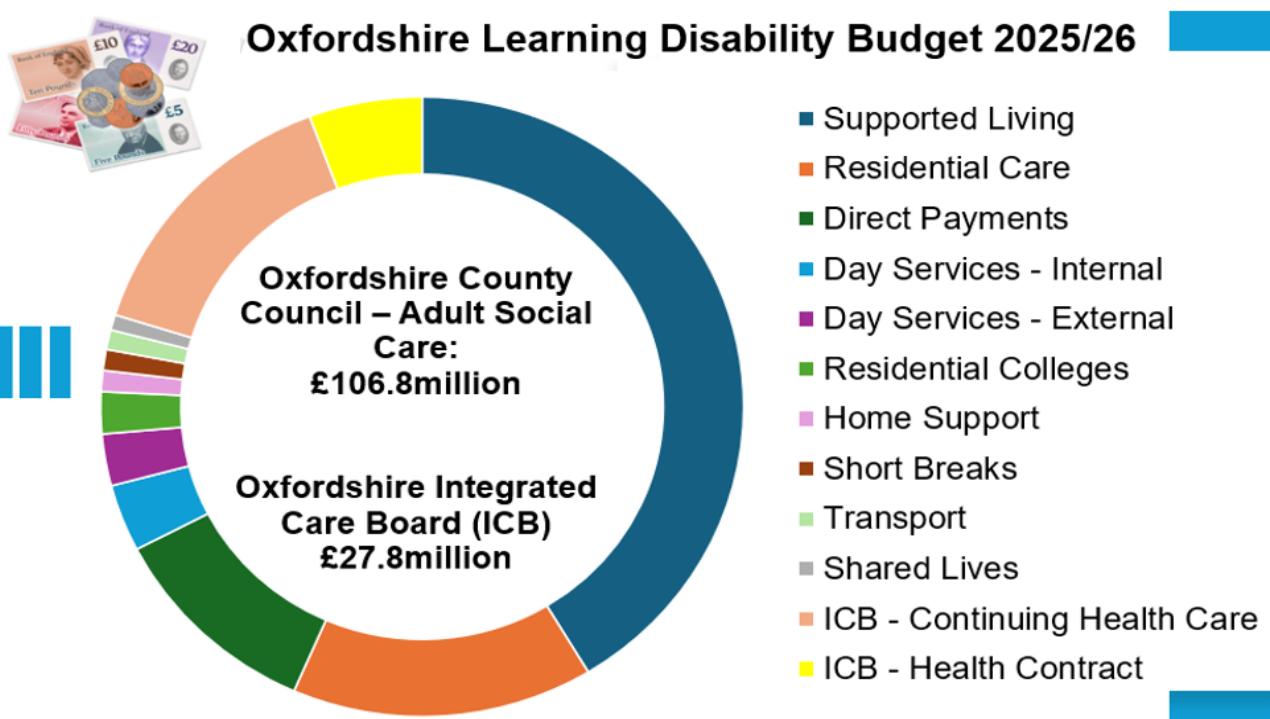


Predicted number of people with a learning disability aged 64+ in each of the districts from 2025 to 2040.



(Information from PANSI and POPPI)

Oxfordshire Learning Disability Budget 2025/26



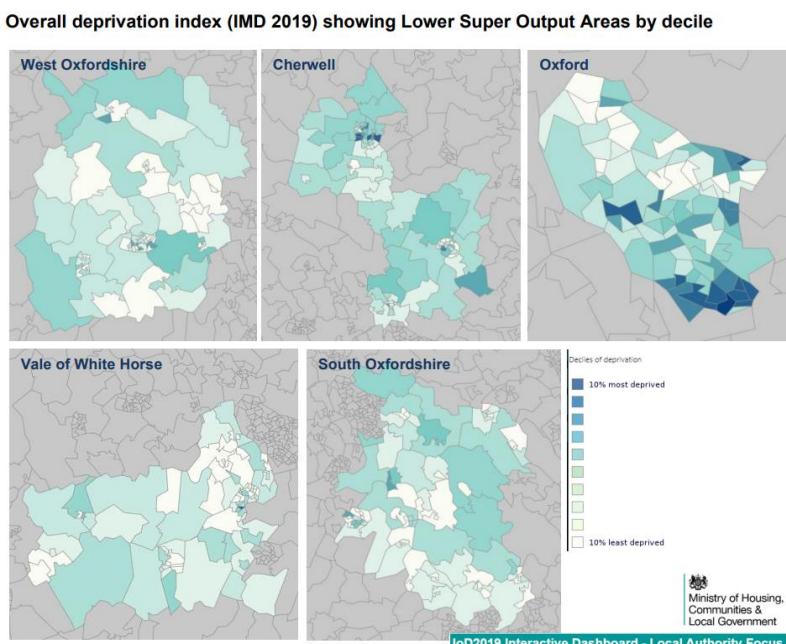
Areas of Deprivation

The Indices of Multiple Deprivation 2019 show that out of 151 upper-tier local authorities in England, Oxfordshire is the 10th least deprived.

The Indices of Deprivation is the collective name used for a group of 10 measures, each assessing a different aspect of deprivation.

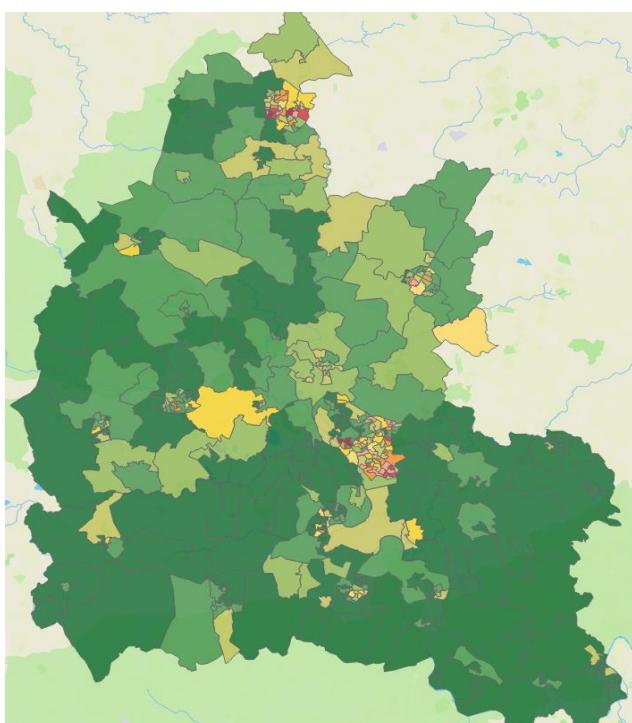
The charts from the Ministry of Housing, Communities and Local Government Interactive Dashboard show the city and district councils of Oxfordshire.

They show the Lower Super Output Areas (LSOA – on average 1,500 people) with the darkest colour indicating the 10th most deprived and the lightest colour indicating the 10th least deprived.



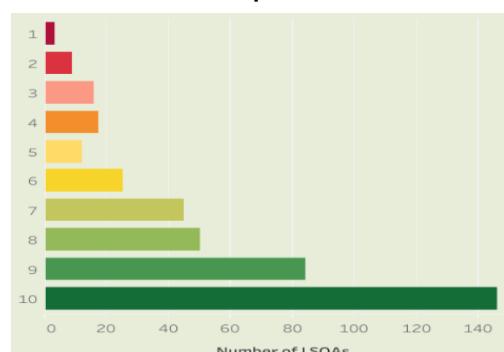
This information is taken from the Oxfordshire Bitesize JSNA and can be found here: [JSNA-IMD2019-Oct19.pdf](https://www.oxfordshirejsna.org.uk/JSNA-IMD2019-Oct19.pdf)

Health Deprivation and Disability 2019



This chart shows the Health Deprivation and Disability Indices in Oxfordshire 2019.

The colours represent numbers as indicated below. Number 1 represents the most deprived areas and number 10 the least deprived.



Further information can be found here: [Workbook: Oxfordshire Local Area Inequalities Dashboard](https://www.oxfordshirejsna.org.uk/JSNA-IMD2019-Oct19.pdf)



Resources

Community Connections	Community Connections Oxfordshire County Council
Foundation for People with Learning Disabilities – Hearing Loss	Hearing loss Foundation for People with Learning Disabilities
HOPE'S Model	Restraint Reduction Network Training Standards 2020
Legislation: Care Act 2014	The Care Act Mencap
Legislation: Data Protection	How we use your information: easy read
Legislation: Downs Syndrome Act	https://ndspg.org/wp-content/uploads/2021/11/ER_DSBill_04_F_Print.pdf
Legislation: Equality Act	easy-read.pdf
Legislation: Human Rights Act	All Our Easy Read Information on Human Rights BIHR
Legislation: Mental Capacity Act	Mental Capacity Act 2005: An easy read guide
Legislation: Mental Health Act	Mental Health Act (easy read) - NHS
Legislation: The Health and Social Care Act	Health and Social Care Act 2012: fact sheets - GOV.UK
Oxfordshire Family Support Network (OxFN): All About Health, Emolden, Planning Ahead, Moving into Adulthood Handbook	Oxfordshire Family Support Network Learning Disability – OxFN
Oxford Health NHS - Community Learning Disability Team	Community Learning Disability Teams - Oxford Health NHS Foundation Trust
Oxford Health NHS – Your Health	Your health Oxford Health NHS Foundation Trust
Oxfordshire Joint Strategic Needs Assessment (JSNA)	Oxfordshire Joint Strategic Needs Assessment 2024 Overview of facts and figures about Inclusion health groups
Positive Behaviour Support	Positive Behaviour Support - Challenging Behaviour Foundation
The Oxfordshire Way	The Oxfordshire Way in Adult Social Care
Oxfordshire Strategies	
Oxfordshire All-Age Unpaid Carers Strategy	All-Age Unpaid Carers' Strategy for Oxfordshire Oxfordshire County Council
Oxfordshire Health and Wellbeing Strategy	231207 HWB Item 7 Annex 2- Health and Wellbeing Strategy full Final-Draft.pdf
Oxfordshire Local Area Special Educational Needs and Disability Strategy	SEND draft strategy 2022-2027
Oxfordshire Way Prevention Strategy and Delivery Plan	Oxfordshire Way Prevention Strategy and Delivery Plan



Pledge Board